

## **Lindy (Hughes)Pfeil** **Education & Training**

**MSc Psychology**, University of Roehampton, London, UK

**BA Honours (English Literature)**, University of Cape Town, South Africa

**BA Communications Studies**, University of Johannesburg, South Africa

**Guided Autobiography Instructor**, certified by Birren Centre for Autobiographical Studies

**Certified Professional Coach**, Fowler Wainwright International

**Narrative Therapy Certificate**, Vancouver School for Narrative Therapy

**Bibliotherapy Certificate**

**Shame & Self-Loathing in the Treatment of Trauma**, Janina Fisher

**Dynamic Mindfulness for Stress Resilience Training**, Niroga Institute

**Advanced Peacemaking Circles Training**, Dr Evelyn Zellerer & Judge Barry Stuart

**Reconciliation Through Indigenous Education**, UBC

**Circle of Courage Training**, Dr Larry K. Brendtro, Ph.D & Dr Martin Brokenleg

**Indigenous Cultural Competency Certificate**, Provincial Health Services Authority, BC

**Peacemaking & School Based Circle Training**, Kay Pranis & Rita Alfred

**Conscious Listening & Powerful Speaking**, Julian Treasure

**Restorative Practices Training**, International Institute of Restorative Practices

**Alternatives to Violence Project Training**, Canada

**Restorative Justice Facilitator Training**, North Shore Restorative Justice Society

**Trauma Sensitive Yoga Training**, Yoga Outreach Vancouver

**Certified Kids Yoga Teacher**, Rainbow Kids Yoga

**Victim Services Support Worker Training**, West Vancouver Police Department

**MindUp & EASE (Everyday Anxiety Strategies for Educators)**, Vancouver School Board

### **Professional Memberships**

International Center for Life Story, Innovation and Practice (ICLIP)

Canadian Psychological Society

Yoga Alliance (Registered Yoga Teacher, RYT 200)

Royal Academy of Dance (RAD Ballet)

North Shore Immigrant Advisory Council member

Board of Directors of the North Shore Restorative Justice Society (Vice Chair)